

# SCIENCE 804 TEST STUDY SHEET

## TEST: HEALTH AND NUTRITION

1. Know these terms and the information associated with them.

- a. Minerals
- b. Esophagus
- c. Food pyramid
- d. Six essential nutrients
- e. Scalp glands
- f. Amino acids
- g. Vitamin D
- h. Vitamin C
- i. Vitamin B<sup>1</sup>
- j. Vitamin E
- k. Vitamin A
- l. Nutrients
- m. Bacteria
- n. Disease

2. You must be able to sort the steps of digestion from start to finish.

3. You must be able to label all the parts of the digestive system.

\*Remember, this is not a complete list of items that will be on your test. It is important that you take good and thorough notes and study your entire unit.

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